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#### Sustainable and Organic Beekeeping in Chester County

John Pisciotta

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# Sustainable & Organic Beekeeping in Chester County



John M. Pisciotta WCU Biology Dept.

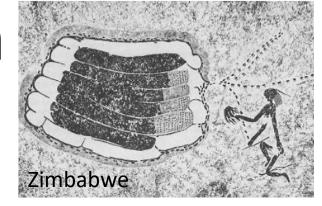
#### Overview

- Introduction
- Bee Products & Services
- Starting your Apiary!
- Growing your Operation
- Diseases & Sustaining Healthy Hives organically
- Conclusions & useful websites



# Introduction





Humans have been <u>keeping</u> bees for around 5,000 years &

collecting honey at least twice as long.

From the Egyptians to Greeks, Romans
 And Vikings saw honey was simply divine!





Egypt, Tomb of Pabasa 700 BCE



# Beekeeping / "Apiculture"

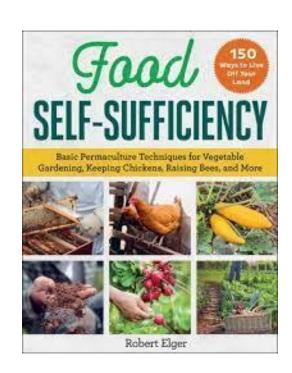
- Honey bees Contribute \$15 billion to the U.S. economy annually! (USDA)
- Honey bees pollinate at least 90 crops and are responsible for about 1/3 of our food.
- They support 20,000 beekeepers in USA, and may happy consumers

#### <u>Introduction</u>

Why keep bees today?

Honey & other bee products

Crop Pollination



Promote Environmental & Self Sustainability



- U.S. Honey generally cannot be certified organic by the USDA.
- Why not? For certified organic honey, any plants within 1.8 miles of hives must be free of synthetic chemicals.
- So, almost all organic honey you see is Imported
- Is Honey vegan?...

#### So, many Other Hive Products!

- Beeswax (candles, lip-balm, figures, etc)
- Soaps
- Pollen
- Propolis
- Royal Jelly
- Bee Bread (mixture of pollen and nectar)
- Mead
- Nutritional Yeast
- Honey vinegar
- Apitherapy
- Selling 'Nucs' & Queens

# **Honey Bread**

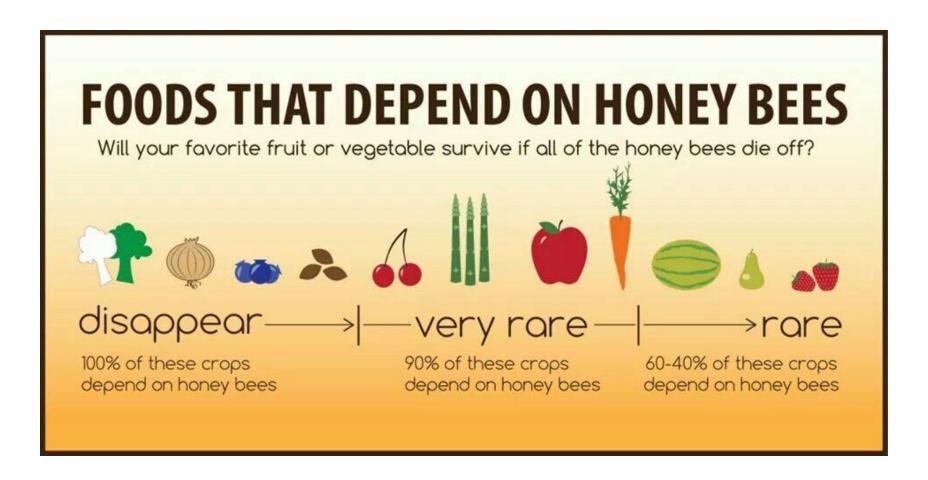


#### **Hive Services**

# How do Populations Interact?



# Without bees, many foods would vanish or become expensive





## Starting your *Local* Apiary

#### **Site Selection:**

- Should face <u>southeast</u> for early morning sun
- Overhead shade against hot mid day sun of summer.
- Rear wind protection from cold north & west winds
- Soil substrate & Height may be important (sand, soil, concrete, etc)



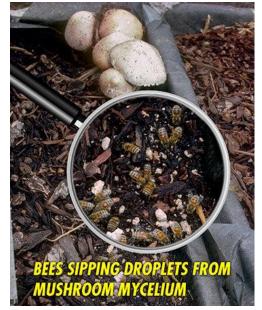


Cost to start an Apiary \$100 - \$1,000 & up

#### Laying the Groundwork

Firm, but not 100% level, raised foundation





Extracts of Polypore
Mushroom Mycelia Reduce
Viruses in Honey Bees.
Stamets et al.
Scientific Reports, 2018

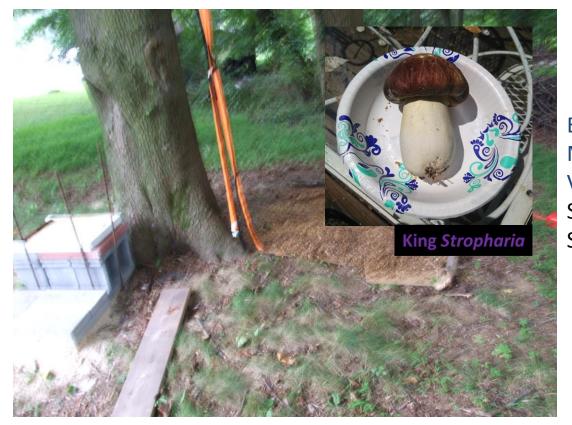
North West

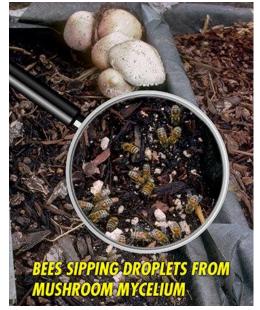
South East

Start with 2 or more hives – not 1 for a <u>Sustainable</u> Apiary

#### Laying the Groundwork

Firm, but not 100% level, raised foundation





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North West

South East

Start with 2 or more hives – not 1 for a <u>Sustainable</u> Apiary

## Types of Bee Hives



#### Parts of a Langstroth Hive

L. L. LANGSTROTH.

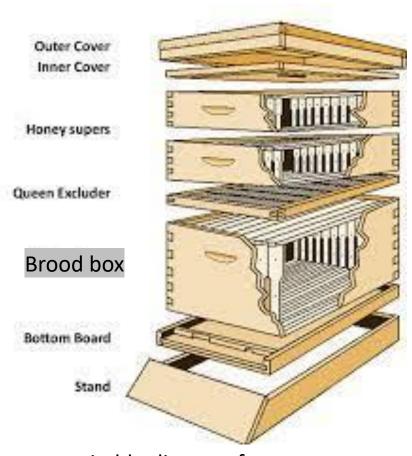
Bee Hive.

2 Sheets-Sheet 2.

No. 9,300.

Patented Oct. 5, 1852.

- Cover
- Inner Cover
- Boxes (Honey Supers)
- Boxes Hive Bodies
- Frames & Foundation
- Bottom Board
- Base



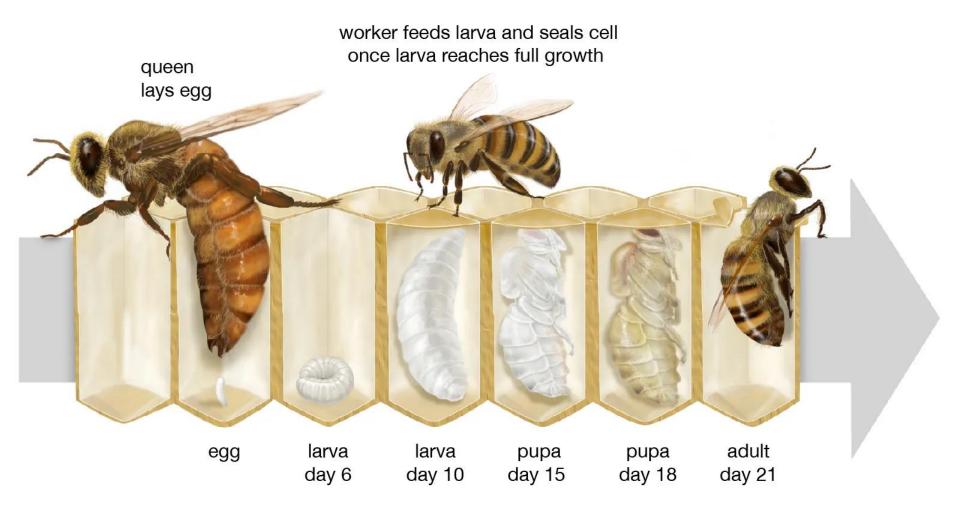
"In a moment the suspended movable frames, kept at a suitable distance from each other and the case containing them, came into being...I could scarcely refrain from shouting out my 'Eureka' in the open streets!" - LL Langstroth

# 3 Castes (Types) of Bees in Hive

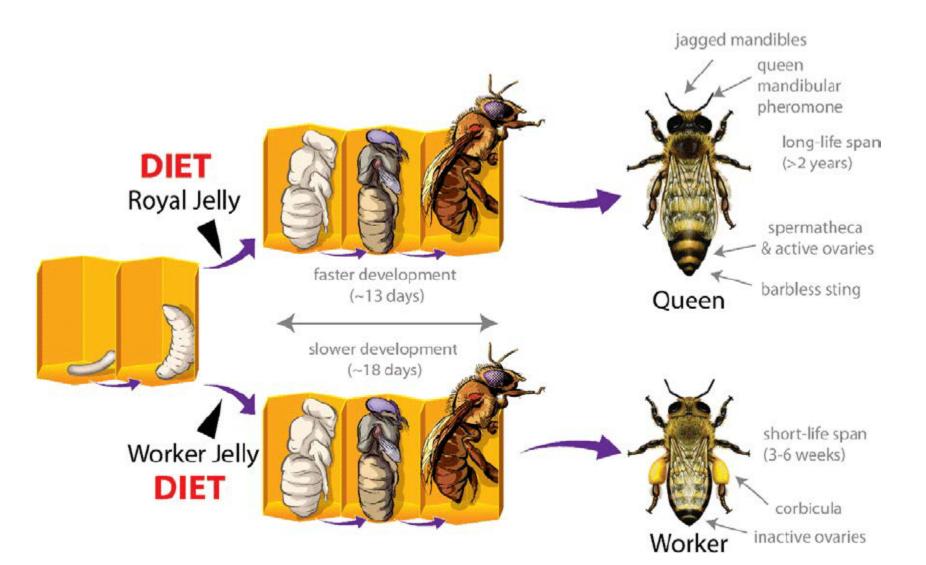
Type of adult bee	What they do	How many in a honey bee colony	How many in a bumble bee colony	What they look like in a honey bee colony
Queen	Lay eggs	1	1	
Worker	Take care of larvae, build and clean nest, forage	10,000- 50,000	Less than 50 to over 400, depending on species	
Male	Leave nest to mate, then die	100-500	0-50, depending on species and season	

## **Development & Maturation**

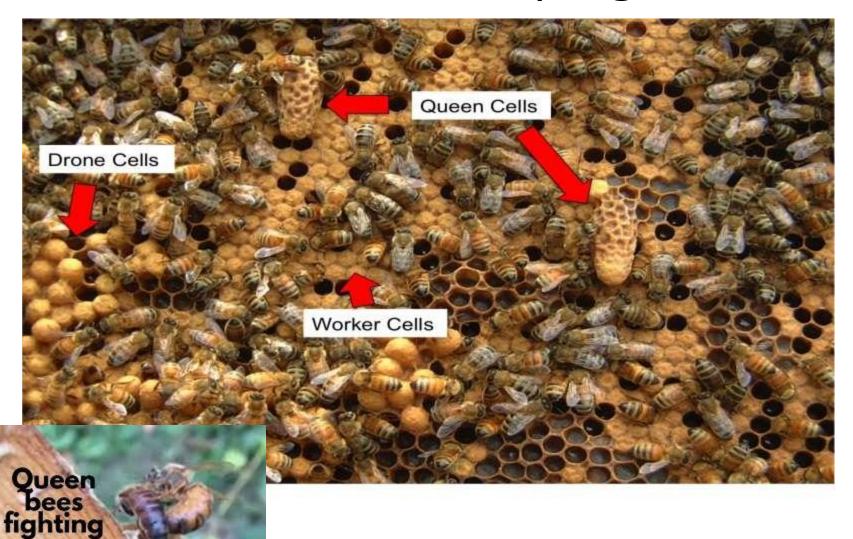
#### Life cycle of honeybees



#### **Diet Direct Caste**



## Visual I.D. of Developing Castes



#### Starting the Hive: Catch a swarm!

Buy bees from supplier
 (Package –vs- Nuc\$)

Split an existing Hive (colony)

Catch a wild Swarm!



#### **Buying Bees**

Package Bees (3lb bees & a queen) are \$135 each.

5-Frame Nucleus (nuc) Colonies are \$225 each. Available pick-up dates are: April-May

## Established Apiary, growing

#### Permitting



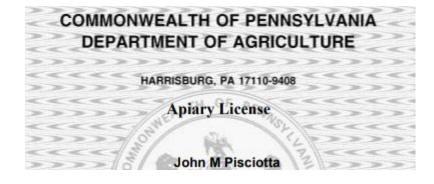




# "Splits"





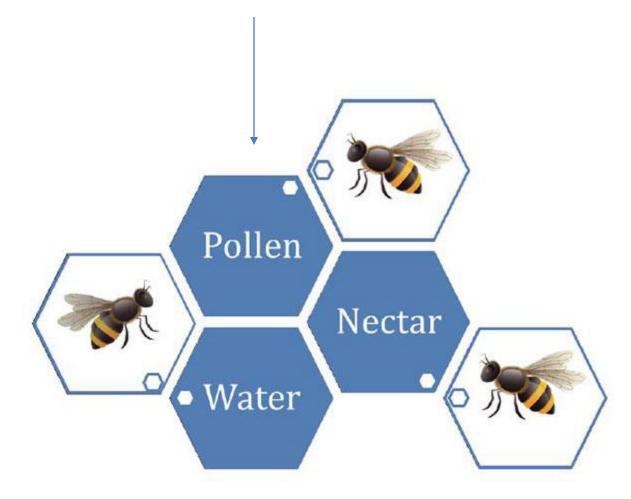


# Beehaviors: Foraging



All the Best Plants to Grow in a Bee Garden





# Beehaviors: Bearding



## Beehaviors: Robbing



# Working your Hives: Essential Beekeeping Items

Smoker

Hive Tool

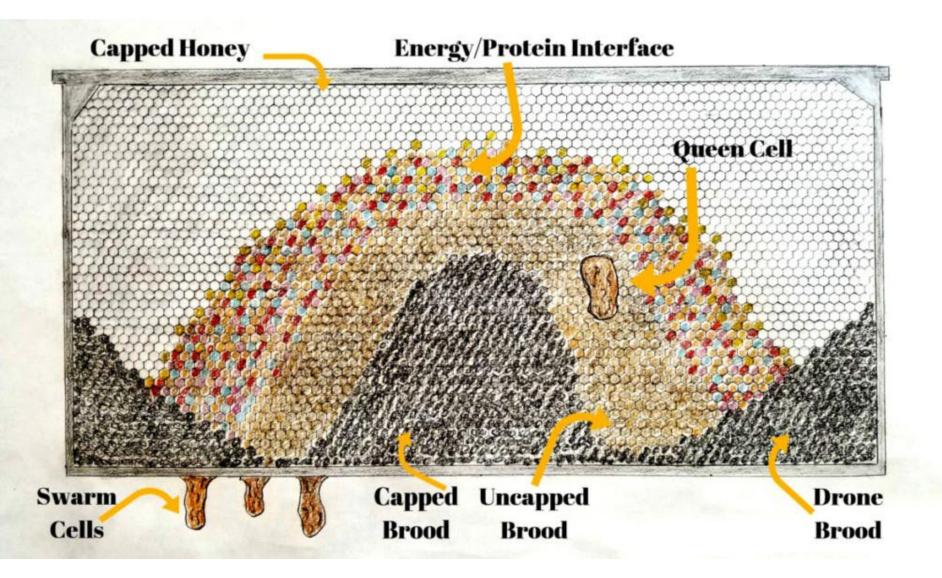
Beesuit & Gloves

Box & Bucket(s)





## **Conduct Periodic Inspections**



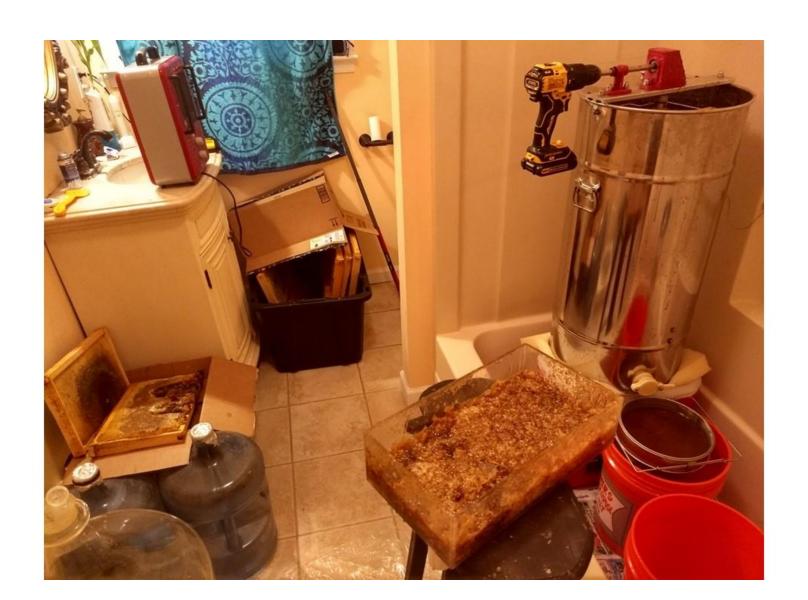
## Periodic Inspections look for



## **Honey Processing Tools**



# **Indoor Honey Extraction**



# Always leave Bees enough honey to overwinter!

• Rule of thumb: ½ for you & ½ for them

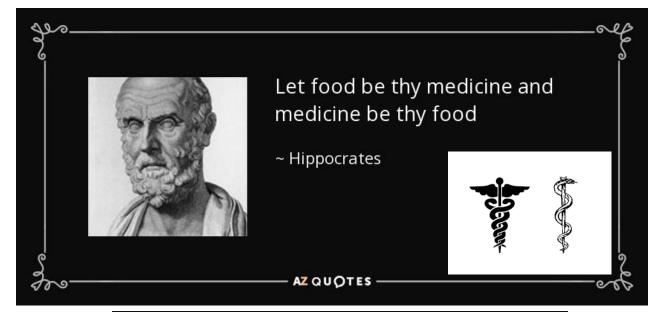


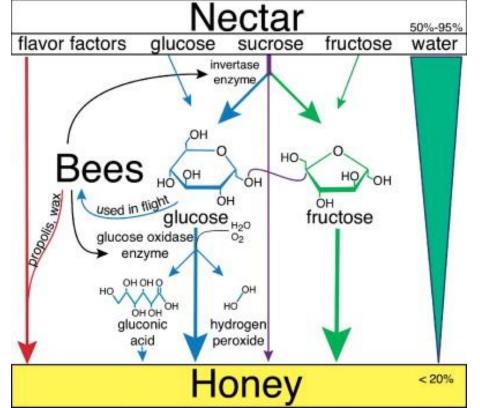
"Honey can help treat gum diseases, including gingivitis, bleeding, and receding gums.... Prevent cavities"

https://mypenndentist.org/dent al-tips/2021/09/07/does-honeyrot-your-teeth/



Dark fall honey also contain high amounts of antioxidants which combat free radicals, (molecules that damage cells)





Production of hydrogen peroxide is the primary reason for honey's antimicrobial activity.

## A great way to **Reuse** old Jars



# Parasitic Mites cause huge losses in *Agriculture*

Two spotted Mites: Eggplants

Tomato russet mite: (from Australia)

Citrus Mites
Identification, Bionomy and Control

Vincenzo Vacante

Citrus mites: Oranges /Florida

Spider Mites: various plants



## Exotic Species can devastate

ecosystems

# HONEY BEE PARASITE VARROA MITE

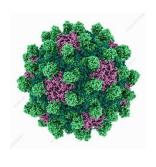


Varroa destructor

#### **Colony Collapse Disorder:**

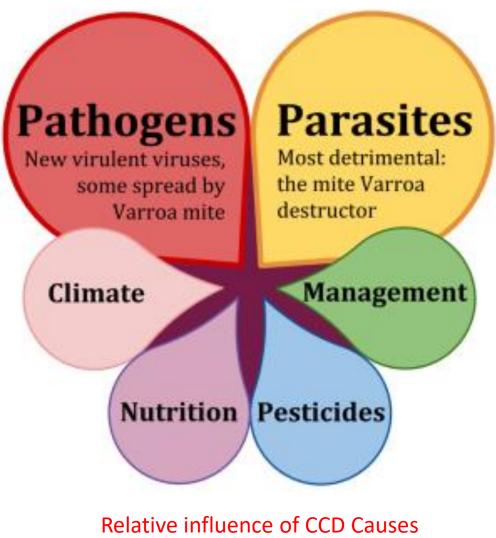
When workers leave hive & Queen to perish

(Dramatic Rise over past 35 years)



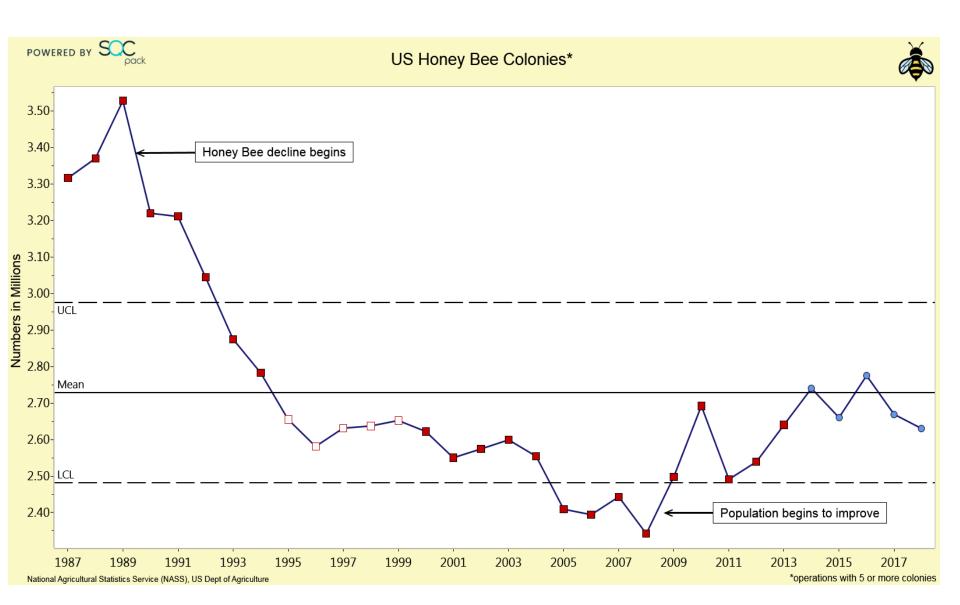
Deformed Wing Virus







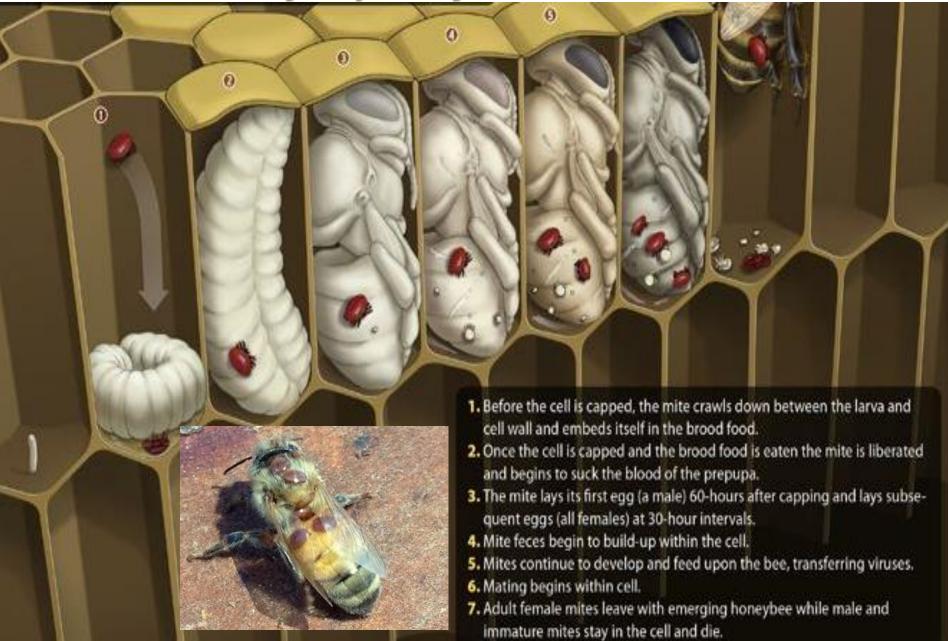
### Effect of CCD on Total US Hives



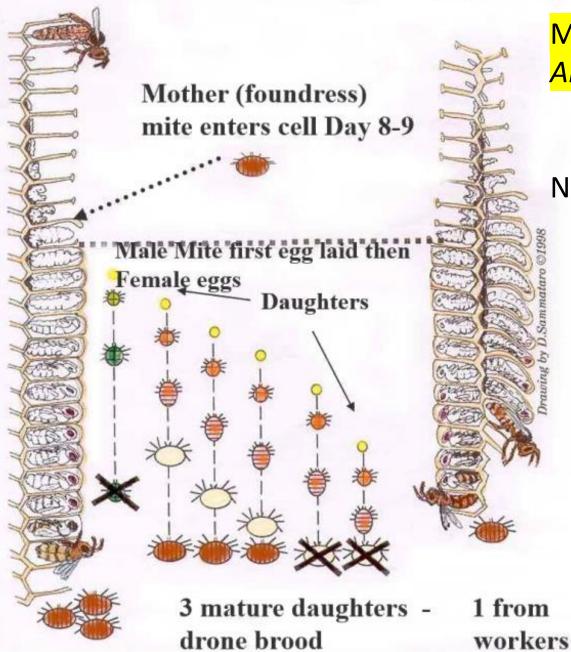


2000s 1980s 1970s 1960s 1950s First detection

#### Life Cycle of Varroa Mite



Drones Workers



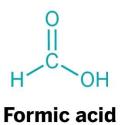
Males (Drones) tend to Amplify Mite population

Note: All bee workers are females

D.F.W.V.







### **Varroa Mite Treatments**

Formic Acid: Penetrate wax caps (use from 50-80 F)

• Oxalic Acid: Can be used in cold weather



Oxalic acid

• Chemical Pesticides (Apivar): Not organic should <u>not</u> be used when honey is being made (i.e. late Spring)





# Oxalic Acid Crystals bind foot hairs, Immobilizing & killing mites

#### **Local Links**

https://www.chescobees.org/



#### **The Apprentice Program**

 Upon satisfactory completion of the program, the apprentice will get a CCBA 'nuc' the following spring. Program cost is \$120.

#### **The Mentoring Program**

Intermittent apiary advice from an experienced beekeeper – Free.

#### Philadelphia Beekeepers Guild

https://phillybeekeepers.org/



https://easternapiculture.org/about/

#### **Useful Information**

**Hive Placement** 

https://galenafarms.com/blogs/articles/beehive-location

Setting up a Beehive

https://www.beekeepingfornewbies.com/how-to-set-up-your-beehive/

Beekeepers Calendar

https://www.hobbyfarms.com/month-by-month-beekeeping-2/