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Mentorship Matters: An Instrumental Case Study of Mentorship in a Student Affairs Graduate Preparatory Program

WCU Research Day 2021 J. Adam Linetty, Ed.D. April 29, 2021

Problem Identification & The Why of The Study

- Attrition is a major issue in the field of student affairs (Renn & Jessup-Anger, 2008)
- Graduate students leaving before they graduate (Richard & Sherman, 1991; Silver & Jakeman, 2014) with few studies focusing upon this population (Kuk et al., 2007).
- Research agenda focused on standards (Herdlein et al., 2013), without capturing student experience (Silver & Jakeman, 2014)
- A shift in focus to student voice within their educational journey represents an opportunity to understand learning and areas for improvement (Dinise-Halter, 2017).



Why Focus on Mentorship?

- Mentoring relationships help student develop beyond the competency curriculum (Amey et al., 2009; Arminio & Creamer, 2001; Hirt & Strayhorn, 2010; Renn & Jessup-Anger, 2008; Strayhorn, 2009; Tull, 2006)
 - Socialization
 - Identity formation
 - Reconciliation of preconceived ideas of the profession to the reality of the work
- A mentor's role can be a major component in retaining new professionals (Wilson et al., 2013)
- Mentorship in student affairs is becoming increasingly necessary to develop competency and resiliency (Long, 2012)



Research Questions

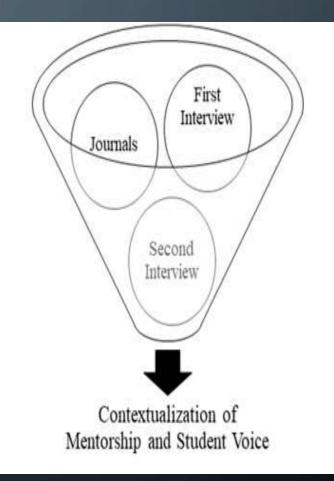
The questions guiding this study were:

- In what ways have graduate students in a master's program in student affairs experienced mentorship?
- How has mentorship impacted their (graduate students) personal and professional development?



Methodological Approach

- Combined approach to instrumental case study, informed by Stake (1995) & Merriam (1998)
- Case parameters evolved through the study's progression, developing the idea of "space" created by the graduate program at State University to reflect on educational journey
- Data collection through a modification of Bevan's (2014) phenomenological interview structure



Results: An Overview



- Participants shared both positive and negative mentorship experiences with faculty and professional staff during their educational journey to student affairs
- Participants reflected on the implications of positive and negative mentorship on their personal and professional development within the context of student affairs
- Discovery of the potential for more structured mentorship via combing faculty and professional staff efforts during a graduate program
- Participants created a definition and characteristics of mentors within the context of student affairs

Mentorship Experiences with Faculty and Professional Staff



- Three themes emerged from participant reflections:
 - Guidance
 - Professional development
 - Student affairs knowledge development
- Positive experiences and space to reflect led to a more holistic understanding of personal and professional praxis in student affairs
- Negative experiences led to feelings of rejection, isolation, and a lack of support within the developmental process that is graduate education in student affairs

- **Positive**: "[Mentor] was my rock through all of that. [Mentor] was able to give me advice [on] how to work through the system of the hierarchy, how to combat those difficult conversations and tried to make sure that I was okay mentally physically, and emotionally."
- **Negative**: "I don't think I've ever been treated this badly from anybody in my entire life. It was two years of incessant passive aggressive abuse [wiping tears from eyes]. My first day at [institution], [mentor] didn't even come and visit me. I was put into an office. It was a converted closet. No one came to talk to me throughout the entire day [voice shaking and getting emotional]. I just sat there."

Student Perceptions of The Implications of Positive Mentorship Experiences



Career Learning Outcomes

 Collaboration: "[Mentor] taught me how to be <u>resourceful</u>, how to be able to <u>use your connections</u>."

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- Patience: "You can't throw all of your energy into one fight and only just be <u>burnt out</u> for the rest of your professional experience, we need <u>marathon runners</u> in this industry."
- Working with Students: "Treat them [students] with <u>respect</u>. I've always just try to <u>embody</u> the [mentor] model of just <u>going above and beyond for</u> <u>that student</u>."

Personal Development

- Confidence: "[Speaking of mentors] even when you don't have the faith in yourself, <u>they still have the faith in you</u>, which is really all you can ask for."
- Perseverance: "I think [mentor] just made my whole outlook on student affairs a little bit more positive and that <u>anything</u> <u>can get done with a little bit of can do</u> <u>attitude</u>."
- Reflective Practice: "They [mentors] helped with my understanding of how to bring <u>one experience from another</u> <u>experience and through reflection</u> [become] unapologetically me."

Student Perceptions of The Implications of Negative Mentorship Experiences



- "It [negative experience] just felt very <u>dehumanizing</u>...I felt like...<u>I</u> just have to do work for them [assistantship placement] and not for myself"
- "I would rather they [negative experiences] have not happened and I feel like I could have <u>learned in other ways</u>."
- "[Negative Experience] showed me that we're not where I thought we were within higher education."
- "I do think I have this lingering sense of <u>imposter syndrome</u>...from my time spent at [institution], where it got bad very quickly."

Student Perspectives on The Value of Mentorship

 "[Mentorship] should be the foundational bedrock of the [graduate] program."

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- "I just feel that having that extra sense of preparedness [pause] makes you better equipped to function in the student affairs world, and I think it [mentorship] gives you a glimpse into the politics that might be required to navigate it sometimes."
- "I think you wouldn't really be able to go through the process of graduate school without a mentor."
- Participants' responses show the value of State University's space for reflection and collaboration with a variety of mentoring relationships



Faculty & Professional Staff Mentors: A Potential Combination

 "I think it's really that <u>systematic</u> approach of <u>healing mis educative</u> <u>experiences</u> that they [graduate students] might have received in undergrad or even prior to that."

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- "I think that it's [combination] something that should be <u>embedded</u> within the culture of student affairs."
- "I feel like if you have a dual relationship there <u>doesn't have to be</u> <u>this code switching</u>. They [faculty and professional staff mentors] know exactly who I am, exactly what I'm working on right now. And I don't have to fill them in or sanitize any versions as I'm going back and forth."



Definition & Characteristics of Mentorship in Student Affairs



- Three themes emerged:
 - Human Connection
 - Longevity
 - Mentors as colleagues
- Participants articulated the importance of a mentoring relationship lies within the people engaged and space mentors establish for comfort and reflection
- Interestingly, participants were somewhat mixed on the importance of long-term relationships
- "I feel like it's just someone who happens to be a student that you [mentor] <u>see a little bit of</u> <u>yourself in</u>, and then you want to help them <u>explore themselves</u>, as well as give them tips and tricks of how you've maneuver through your experience and then to <u>give them that</u> <u>knowledge</u> and wherever they take themselves they are able to use it."

- Four themes emerged:
 - Empathy
 - Guidance
 - Role Models
 - Displaying Student Affairs Knowledge
- Participants focused their characterization of mentors as a function of the relationships they had experienced and the learning that had occurred throughout the educational journey, as well as within the reflective space created by *State University's* graduate program
- "Even though I was uncomfortable or anxious or awkward or feeling weird about it...[mentor is] <u>still guiding all of</u> <u>us</u>...[mentor is] <u>always there</u>."
- "I think, [mentor] teaches people how to be a good student affairs practitioner because though you can't be just like [mentor], [mentor] wants you to be knowledgeable."

Importance of The Findings

- Actual student mentoring experiences represented
- Reflections show the importance of mentorship in personal and professional development
- A potential faculty and professional staff structure of mentorship explored
- Participant creation of a definition of mentorship and a set of mentor characteristics within student affairs
- An opportunity for self reflection and programmatic reform

Implications for Future Research & Practice

- Implications for practice:
 - Mentor self-reflection
 - Graduate program evaluation
- Implications for future research:
 - Replicate more students and less COVID!
 - Investigate other graduate programs
 - Focus upon mentor perceptions
 - Longitudinal study graduate students through education and into first years of employment



Key Points to Take Away



- Student voice and perceptions are important to consider
- The "space" created by *State University* provided an opportunity for participants to experience mentorship and reconcile past encounters
- Collaboration is important between faculty and professional staff mentors
- Future inquiry is needed
- The value of a mentoring relationship can be life changing (Ragins & Kram, 2008)